

Wilma Rudolph

Born in 1940 died in 1994



**Davis
Willow
Spring 2014**



Introduction

Famous quotation:

"I don't know why ... I run so fast I just run"

Best known for:

Winning three gold medals in the 1960s Olympics in Rome, Italy.

What I find interesting:

That Wilma almost died as a child from polio and then became the fastest woman in the world.

3 Key Qualities:

1. Perseverance
2. Bravery
3. Overcame a hardship

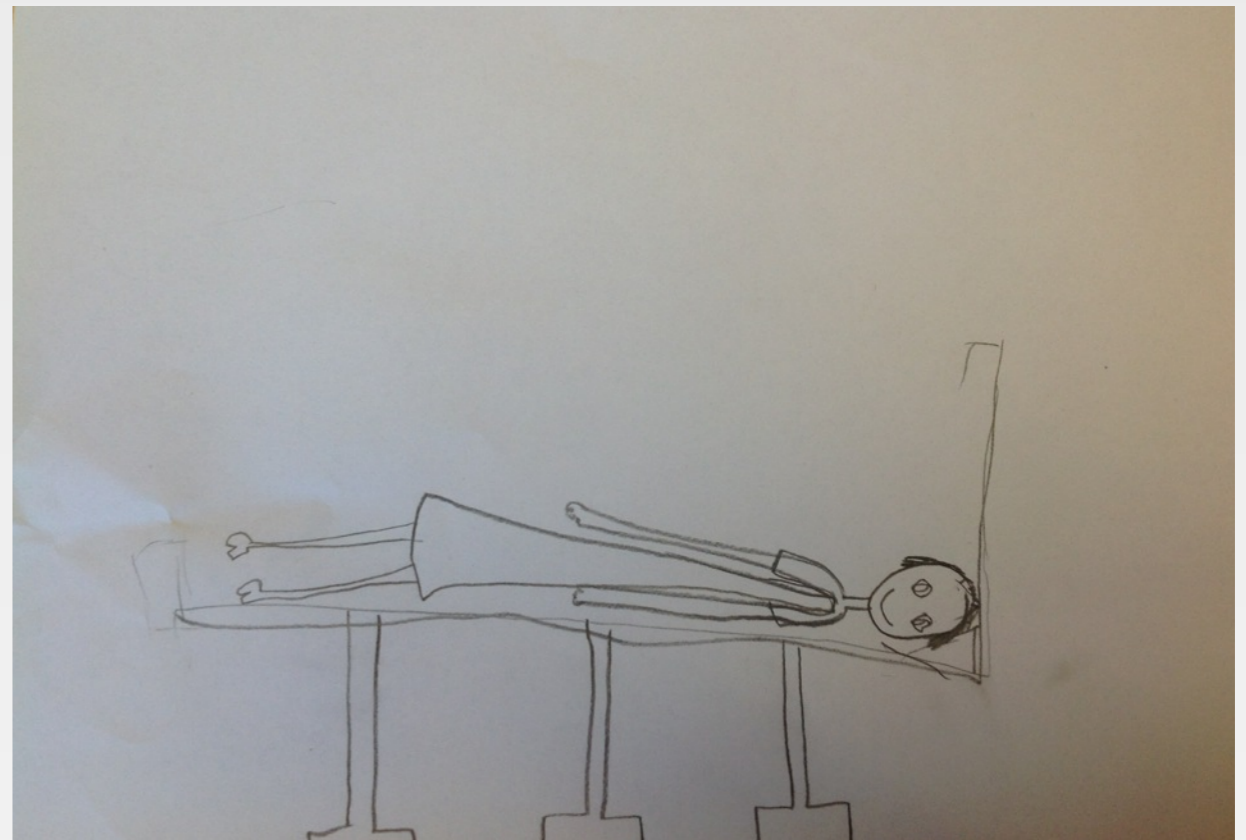
I chose this person because:

I love the Olympics and she was an Olympian, and her childhood is interesting.

Overcame a Hardship/Challenge

When Wilma was six she injured her leg because of polio.

I think Wilma has gone through hardships that other kids would struggle through. It makes me feel lucky that we have such good medical care today.



Impact: How Things are Different Today

I read that Wilma became the first American woman to win three gold medals in a single Olympics game. She was considered the fastest woman in the world after the 1960 Olympics.

She changed the attitude of the world that women athletes can be just as good as men. Wilma represented the athletes who compete in the Paralympics because when she was a child she was disabled. She gave people hope.



Showed Compassion and Empathy

After the Olympics, Wilma taught sports to poor children in poor neighborhoods. She hoped it would keep them in school and teach them to strive to be whatever they wanted to be.

I think that she encouraged children to work hard. She cared about helping children who couldn't afford to do activities.



Demonstrated Bravery/Took Action

When she was 10 Wilma tried walking for the first time, she tried at a public church, instead of at home. Everyone could see her try or fail.

This is a text to self connection because I would be too nervous to do it. I would try at home instead of a public church.



Persevered

She was in the hospital until she was 6. There she did exercises on her leg that hurt. But they definitely helped.

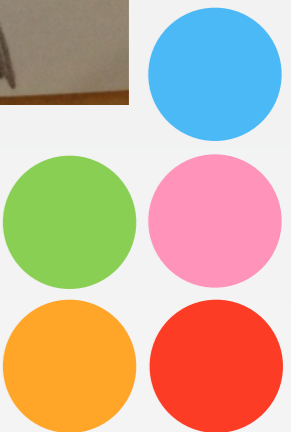
I think Wilma is very strong to stick with it and let it happen. I would be screaming my head off.



Viewed Problems as Opportunities

Wilma was very sad that she couldn't go to school because she couldn't walk properly. And one day she said I'm going to have to fight back somehow.

I think Wilma and I have a connection. I wanted to go to a school where you had to pass a test. I did not pass next year. I did not and then next year I finally passed.



Author Talk

I'm similar to my Change Maker because...we both love running and we both got injuries and medals

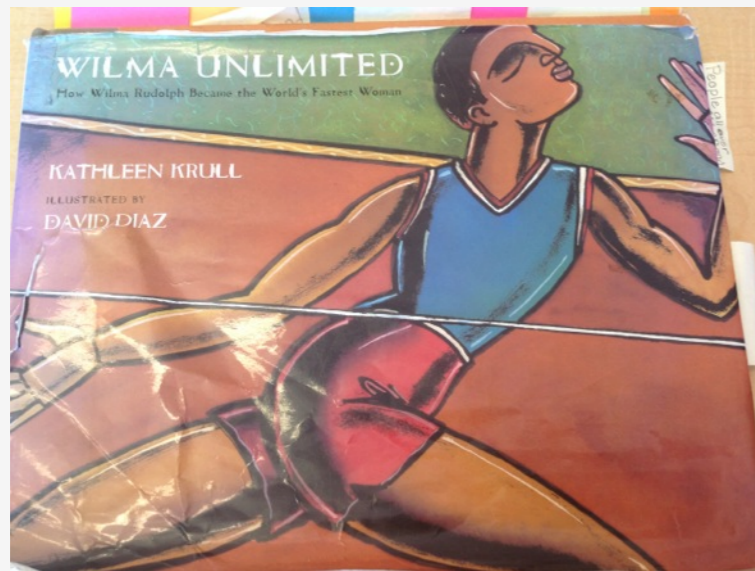
I'm a Change Maker when I...help my friends and stick up for them. And give hope and make decisions that help my friends

My Change Maker is connected to...Jesse Owens because they both had sicknesses and they're both black runners.

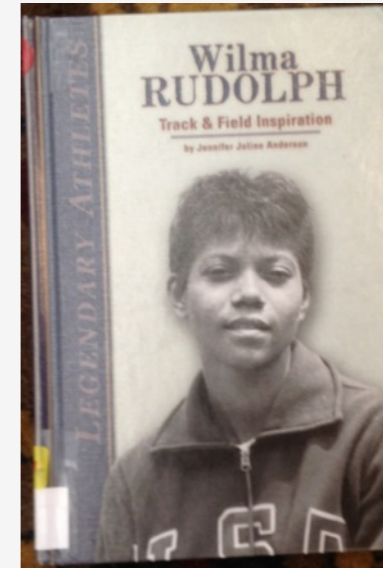


Bibliography

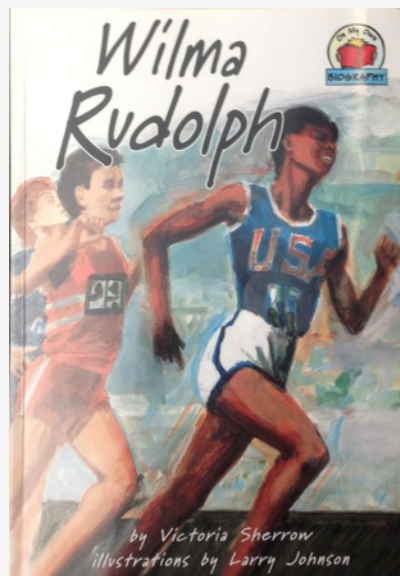
Wilma Unlimited by Kathleen Krull & David Diaz



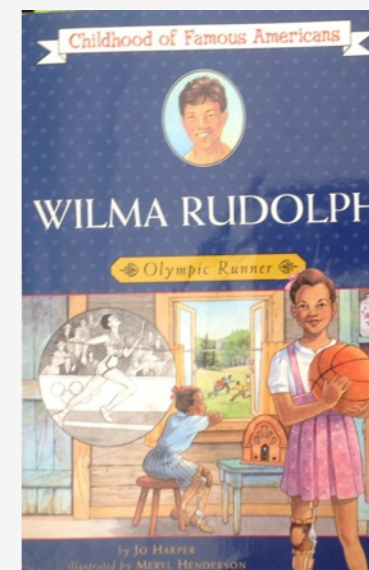
Wilma Rudolph Track & Field Inspiration by Jennifer Anderson



Wilma Rudolph by Victoria Sherrow & Larry Johnson



Wilma Rudolph Olympic Runner by Jo Harper & Meryl Henderson



Glossary

A Change Maker is : someone who makes a difference by helping others a change maker has : perseverance, challenge, and took action

Polio: a sickness that you lose use of your legs or you die.

Church: a place where you pray and sing

Author's Note

You and a Change Maker that share the same racial, ethnic and/or cultural connection.

Davis



Zishe Breitbart who
was the strongest
man in the world

